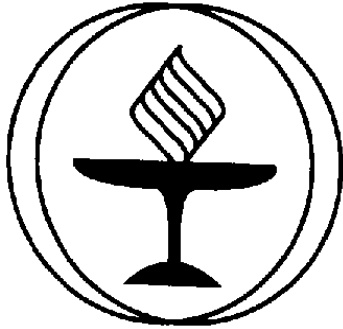


2008



UNITARIAN UNIVERSALIST CHURCH OF CHEYENNE

UU FOCUS

## *March Worship Services*

**March 2**

### **“Sowing the Seeds/Reaping the Harvest”**

Rev. Linda Bunyard

Calling it “stewardship” --what we do with money in this congregation-- reminds us that “we are not our own” and that what we have been given should be managed wisely. Join us for a service that is not the “sermon on the amount” but reminds us of the abundance in our lives.

**March 9**

### **“A Cheyenne UU Home Companion”**

Rev. Linda Bunyard and UU Players

with Musical Guests, The Hopeful UU Gospel Singers

Don't miss this Sunday! It begins with an old fashioned radio show in the sanctuary. Come hear the latest stories about our own Lake Not-so-Wobegon. It continues with lunch, but there is more entertainment after lunch in the social hall. Of course, it is also Pledge Sunday, but this pledge event is for every member and friend of the church.

**March 16**

### **“It's About How You Live”**

Rev. David Stratton, CRMC Hospice

Rev. Stratton is our guest in a weekend of “Fully Living/Fully Prepared” programming. He is the Chaplain and Coordinator of Supportive Services at Davis Hospice. He will bring his friend Ospi the Bear to help tell his story.

**March 23**

### **“Celebrating Easter Without the Violence”**

Rev. Linda Bunyard

We UUs celebrate the spirit of Easter but never the orthodox Christian dogma of the atonement. This Easter Sunday we will look at the Christian story with third millennium eyes and find our way to the alleluias of the resurrection without glorifying the violence of the cross.

**March 30**

### **“A UU Choral Festival”**

with Choirs from Foothills Unitarian Church

Ryan Marvel, Music Director at our church in Fort Collins, is bringing both adult and children's choirs to join our choir in a service of music and reflection.

# Presidential Reflections

## A Confession

I have a confession. For years now I have worried about something. I have felt we just weren't doing and haven't done enough at this. It also seemed to be an obstacle that I haven't had an easy answer for. Maybe it has even stood in the way of the church's growth. What to do? I guess confession is supposedly good for the soul. So, here it is.

I don't think we do enough to engage and incorporate newcomers into the church's life, organization and programs. We've thought about it, but we haven't found a way to always fit new folks into the church's daily life. There are exceptions, of course, and if you showed up one Sunday and the next week you were on a committee or taking on some task, I guess my concern doesn't apply to you. But, it seems like some folks come through our doors and don't immediately find a connection. Perhaps that is because we haven't provided them a way to connect. One solution will be for the leadership to continue developing ways to make connections with newcomers. Rev. Linda, Camille Furtney and the membership committee have developed some great new ideas this year and will continue that effort. Another solution, though, is if you are new and haven't connected yet but want to, talk to me or Camille (our Membership Chair) and let us know about your interest. We will help you connect. Sometimes, we miss people. We may need a nudge so nudge away. Please help us to help you get involved. It will enrich your, and our, experience here with the church.

Some areas that you might consider helping are: 1) Sunday coffee hour – make coffee before the service, put out whatever food has been arranged or help clean up. Maybe someone would like to take this on as their service to the church. It's a great way to meet people if you are new; 2) Join one of our committees – Fun and Fellowship, Religious Education, Sunday Services, Adult Religious Education and all the committees have room for new members. What is *your* interest or expertise?; 3) COMEA and CIHN – volunteer to help with the church's two programs to help homeless individuals and families; 4) Believe it or not summer is around the corner and we always need help mowing and watering the lawn. The Building and Grounds committee needs you; And 5) there are lots more activities to get involved in. Ask me, or Camille, and we'll fill you in.

Something that is important to all. Give and give generously to the Canvas – the church's annual pledge drive. It takes a lot of money to run this place, provide all the services and programs, and pay the staff fair and just compensation. We have real and doable dreams – expanded music and RE programs, building improvements, getting more people to conferences and meetings, and more. But, we all have to give generously and not just hope that others will pay the bills. You need to give! Everyone needs to give!

So, I hope you will both get more involved and give. I really believe the church is about "joy, belonging and creating possibilities." You make it happen! And what wondrous happenings are happening here.

Mike

### 2006 UUC Board

Mike Shonsey.....President  
 Susan Blaney.....Vice President  
 Bitsy Heckert.....Secretary  
 Tim Thorson.....Treasurer  
 Harley Nelson.....At-Large  
 Fred Hurlburt.....At-Large  
 Joey VanSchaik..... At-large  
 Steve Newman.....Past President

### **Universalist Church of Cheyenne**

PO Box 2331 (82003)  
 3005 Thomes Avenue  
 Cheyenne, WY 82001  
 Ph: (307) 638-4554 Fax: (307) 638-8272  
 E-mail: [uucc@uucheyenne.org](mailto:uucc@uucheyenne.org)  
 FOCUS E-mail: [focus@uucheyenne.org](mailto:focus@uucheyenne.org)  
<http://www.uucheyenne.org>

### **Church Staff**

#### Minister's Availability in March

##### **Office Hours**

My office hours have been changed slightly:  
 Tuesday afternoon, 1-4  
 Wednesday afternoon, 2-4  
 Friday morning, 10-1  
 Please call ahead if you would like to visit with me in the office at these times.  
 I am available other days, times and places.

##### **Phone Numbers**

Church 638-4554  
 Home 514-0495  
 In Transit 286-6859 (cell)

**E-mail** [LindaBunUU@aol.com](mailto:LindaBunUU@aol.com)

**Day Off** Monday is my personal day away.

#### **Andrea Heater**

##### **Church Administrator**

##### **Office Hours**

Monday.....8:30 a.m.—12:30 p.m.  
 Wed..... 8:30 a.m.— 5:30 p.m.  
 Friday.....8:30 a.m.— 5:30 p.m.

#### **Shelly Montgomery**

##### **Director of Religious Education**

##### **Office Hours**

Sundays 9:30AM - 2:30PM  
 Fridays 9:00AM - 2:00PM

Cell phone: 307-630-9547  
 Email: [dre@uucheyenne.org](mailto:dre@uucheyenne.org)

## Interim Minister's Journal

It is almost March and my thoughts are turning to the next fiscal year for the Unitarian Universalist Church of Cheyenne. Your Pledge Chairperson, Finance Committee, Board, the Choir, and Interim Minister have all labored behind the scenes to articulate an exciting vision of what is to come and to kick off the Pledge Drive with a heartwarming program and lunch on March 9.

Someone has said that it is easier to talk about sex than money in this church. Well, that might be a time honored part of your history, but this interim minister is much more comfortable talking about money than, you know, that... other subject. It seems that we have misquoted Jesus—a rare time when we actually refer to something he has said. We have lifted up the idea that “money is the root of all evil,” so therefore, good UUs aren’t going to go there. But Jesus didn’t exactly say that. He is quoted as saying, “the love of money is the root of evil.” Love, as in wanting it too much, wanting to hold on to it.

Jesus was raised in a religious culture that had long ago realized the importance of pooling money for the good of the society. “All the tithes of the land, whether of the seed of the land or of the fruit of the trees, is the Lord's; it is holy to the Lord. . . . And all the tithes of lands and flocks, every tenth animal of all that pass under the herdsman's staff shall be holy to the Lord.” (Leviticus 27:30, 32) This plan for tithing was not merely for a religious congregation, it was for the entire society. The tithe was a tax, but not the complicated tax system we have now in the United States. It was a simple tax: every tenth sheep, every tenth basket of olives, every tenth sheaf of wheat would go to benefit the larger group. By pooling their worldly possessions they were able to have more for everyone and grow the society to a powerful presence in the region.

The ancient Hebrews created this tithing system out of a world view that said God had given humans stewardship over all the land and animals and vegetation. Stewardship of the land is an idea that has come back to us since Earth Day in 1970. Whether you think of God as the creator and provider, or of the Earth itself as mother of all, we understand that we have been given an abundance, but not an infinite amount, of resources, so we must use them wisely.

Some time in the last half of the 20th century our own society lost this idea of stewardship. No where is this loss felt more keenly than in our churches, especially the moderate to liberal churches. Having lost that sense that we are God's children and that all that we have has been given by God, we don't “get” the notion of stewardship in our churches. The name of the annual stewardship drive has been changed to “canvass” or “pledge,” language that has the religious assumptions bleached out of it. In that vacuum of religious assumptions about giving to our church, we have fallen back on the consumer model, the model that most of us living today inherited from the post World War II emphasis on producing and consuming goods as a way to world power. We don't analyze this consumer mentality. We don't challenge it. We simply go to Wal-Mart and get the things we need every month, a lot of which we probably don't need.

When it comes to church, we want to know what we are going to get for our bucks. Some of us don't ever turn in a pledge (pledging helps us plan for the programs on an annual basis) but we will give to special projects that interest us. Some of us withhold our pledges as a way of saying we don't like the current minister, the new carpet or the church's stand on gay rights. That is the consumer model in triumph over the stewardship model.

Jesus lived with the assumption that everyone would give according to their ability. But, being a deeply mystical man, he also taught a larger lesson about giving. “Give, and it will be given to you; good measure, pressed down, shaken together, running over, will be put into your lap. For the measure you give will be the measure you get back.” (Luke 6:38) Only those who practice giving as a spiritual discipline will understand this lesson.

Our stewardship, our wise use of the abundance we have been given, has three different aspects: time, talent, and worldly possessions. All three of these are needed to make this church a strong presence. As Jesus was remembered to have said, “you receive in proportion to what you give.”

This “tithing” idea, this giving a percentage of your worldly goods is a great equalizer. I was raised in a tithing family. My father worked in the steel mill as did many of the men in our church. The church was built on hard-

*(Continued on page 6)*

## Religious Education News

*Have you noticed the plants starting to poke through the frozen ground in the church gardens? Some days it feels as if spring is in the air...and others it feels as if winter will never end. Take a few moments to appreciate each day for exactly what it is. Savor the turning of the seasons without wishing for the next to come too quickly. When that beautiful spring day does arrive, make the most of it by taking a trip to the park with your family, plan the vegetable garden (it is not too early to plant radishes and some salad greens), or go for a long walk observing the slow greening of Mother Nature.*

### Meetings at the Moon

Meeting at the Moon continues in March with session 3: Becoming a Woman in Emotion March 2 and Session 4: Becoming a Woman in Spirit on March 16 from 1:00PM – 3:00PM. Meetings at the Moon is for pre-teen girls in 5th through 7th grades and their Mothers or female caregivers. If you are interested in participating or helping to lead the sessions, please contact Shelly at 307-638-4554 ext. 12 or at [dre@uucheyenne.org](mailto:dre@uucheyenne.org).

### RE Team Meeting

The RE Team will meet March 2 from 12:00PM – 1:00PM. This is an exciting time to be a part of Religious Education at the Unitarian Universalist Church of Cheyenne as we welcome new families every week. Join us for this important planning meeting as we begin to map out our summer program including classes and camp. For more information, please contact Shelly at 307-638-4554 ext. 12 or at [dre@uucheyenne.org](mailto:dre@uucheyenne.org).

### Stewardship Sunday

There will be a special program for the children and youth on Stewardship Sunday. The program will run from 10:45 until the luncheon is over. There are many wonderful activities planned for this extended RE program and lunch is included!

### Easter Sunday

This year we will carry on a long-standing tradition for the UUCC with a canned food hunt! Please bring a canned good to donate on Easter Sunday and your child will be able to exchange their canned good for a goodie bag at the end of the hunt!

### DRE's Family Potluck

The DRE's family potluck for March will take place March 20 from 5:30PM – 7:30PM at the home of our Director of Religious Education, Shelly Montgomery. For directions or more information, please contact Shelly at 307-638-4554 ext. 12 or at [dre@uucheyenne.org](mailto:dre@uucheyenne.org).

**Shelly Montgomery**

**Director of Religious Education**

**(307) 638-4554 ext. 12 or [dre@uucheyenne.org](mailto:dre@uucheyenne.org)**

**Office Hours: Sunday 9:30am – 2:30pm and Friday 9:00am - 3:00pm**

## “Sowing the Seeds of New Beginnings”- the Next Installment.



Have you heard the one where St. Pete is standing at the Gates of Heaven and up comes a Congressman? I guess you will just have to wait on this one and get the rest of the story at the “Seeds” Canvass Lunch scheduled for Sunday, March 9, 2008. Let’s just say that honesty is not always in the eye of the beholder.

By now, most if not all of you have received a lovely yellow envelope in the mail with a fabulous letter written with style and finesse by your Canvass Chair- moi (and two marvelous editors) - a flyer outlining the upcoming “Seeds...” Canvass and a wonderful Guide to Generous Giving.

We are well on the way to an absolutely fantastic Canvass. Let me just introduce your “Canvassers/ Table Hosts” for this delectable event:

Jan Andrews	Jim Campbell
Alicia Padilla	Camille Furtney
Tim Thorson	Ken Lockrem/Lynda Gentry
Susan Blaney	Bob Means
Judy Lebsack	Thomas Redding- Chef Extraordinaire
John Sanford	Luanne Gearhart- Chair
Carol Bowles	

We are all very excited about the upcoming canvass and have filled our pens to assist you all in preparing your pledges.

You will be receiving a Canvass brochure and an invitation to our soiree by the end of February. Included in that mailing will be all the information you may need in order to pledge. ***We are asking all of you to increase your pledge this year.*** Most of you already have an idea about what you might commit to, but we are asking you to step beyond that even a bit and promise more. Our Seeds for the Future budget will be included in the mailing. This budget was prepared to move us towards our future goals. Please take a look at it to help you decide how many seeds you wish to sow.

Please make sure, when you get a call from your “Canvasser/ Table Host”, you let us know that you will be coming. We will be waiting at the door with open arms, a welcoming smile, and plenty of love to go around.

## An Update from the Ministerial Search Committee

### Greetings from the Search Committee!

We are hard at work as we interview and check references the three candidates we selected from our original pool of eleven. The process is, as last year, fascinating as we learn about these ministers, what they have to offer and what they hope and dream for. As you may remember from previous columns, we received ministerial records and then exchanged packets with a group selected from that pool. From the packets, we selected three ministers whom we thought might be good matches for us. Currently we are in the process of pre-candidating them.

Pre-candidating weekends include the following components: 3-4 meals with the candidate and spouse, if present; an in-depth tour of the church, a long interview (about 4 hours); a tour of town with a real estate agent; a preaching engagement at a neutral pulpit. This happens primarily over two days, so it is very intense for all involved. There is a lot of casual time, at the meals and in cars, in which to ask further questions or casually chat with the candidate. All of this is valuable learning time for the committee as we try to determine if someone is the right match for us.

A little about the candidates: They have a range of experience in church work, and often other jobs as well. They have strong interests in social justice and consider pastoral care central to their ministries. All love music, and in varying degrees, the other arts. We are hearing about innovative ideas for how to do stewardship and welcome members. All are interested in working collaboratively with a worship committee. Each offers much to us through their talents and we have much to offer them, as well. Candidates have been impressed with our pluralism, our strong financial position, our RE roots, and our building!

We plan to be ready to make an offer by mid-March, the time frame the Unitarian Universalist Association's Transitions Office has requested congregations abide by. After an offer is made, and hopefully accepted!, comes contract negotiation. Once the contract is negotiated to everyone's satisfaction, a date will be set for the minister to join us here in Cheyenne for 10 days. This will likely be in April. Keep your eyes open for information on candidating week as there will be a number of opportunities for you to meet the minister and get to know him/her. We appreciate the support of the congregation and hope to have good news for you soon.

### Interim Minister's Journal *(Continued from page 3)*

working people of modest means deciding that they would give back to the church that had given them so much hope and dignity in their lives.

Unitarian Universalists are reluctant to talk about tithing. That ten percent stuff is for religious fanatics, we say. But pledging is a great equalizer. There is no minimum annual gift required of our members. Everyone can pledge. You decide the percentage that makes the most sense for your financial situation.

This interim year has seen so much excitement in programs and deepening of commitment in the church. We are sowing the seeds of new beginnings as we plan for growth in the music program, in our children's program, in leadership development, in caring for our members, and in our commitment to serving homeless families. We are sowing the seeds of new beginnings as we plan for the new minister who will come to be a full partner in the ministry of this church.

For a glimpse of who we really are and who we can become don't miss the next two Sunday services. For a celebration of what is coming next year, don't miss the pledge luncheon and program on March 9.

Rev. Linda

## Nurturing our Mind, Body and Soul

### **“From Jesus to Christ”**

#### **PBS Frontline Program**

#### **Video / Discussion Series**

Save the four Saturdays before Easter for a great opportunity to understand how an itinerant Jewish rabbi in an obscure part of the Roman Empire became the Christ and how the movement formed that bears his name.

All are welcome on a drop in basis, but we urge you to sign up so we can plan for handouts. See the display in Clipboard Corner.

#### **Saturday, March 1**

Video I: a new portrait of where Jesus was born, how he lived, and who he was.

#### **Saturday, March 8**

Video 2: the period that followed his death, how his followers, because of their diversity, looked at Jesus and his teachings in different ways.

#### **Saturday, March 15**

Video 3: the Jewish wars against Rome, events that occurred after his death that shaped the movement that became Christianity.

#### **Saturday, March 23**

Video 4: the extraordinary events of the 2nd and 3rd centuries in which Christianity grew from a small Jewish sect to an official religion of the Roman Empire.

### **Fully Living/Fully Prepared Workshop March 15 and 16**

The Pastoral Care Committee at UUCP is sponsoring an **all congregation** weekend experience which will deal with end-of-life issues.

On Sat., March 15 there will be a potluck dinner at 6:00 in the Social Hall. Rev. Linda will lead a Celebration of Life and a discussion on planning and writing epitaphs, obituaries, and memorial services. The evening will conclude by 8:00 PM.

On Sunday, March 16, the Rev. David Stratton, Hospice Chaplain, will speak during the service.

The workshop will continue from 12:00 to 3:00 Sunday afternoon with the following:

12:00 - Sandwich lunch (vegetarian available)

12:30 - Information on Hospice presented by Rev. Dave Stratton

1:15 - Legal issues related to wills, power of attorney, advance directives and estate planning presented by Kelly Davis, Attorney at Law and Elder Law specialist

2:15 - Personal planning and organization of records with Rev. Linda

This is wonderful opportunity for us all to address issues that we sometimes find uncomfortable and put off. Even if you have an estate plan, this workshop will help you communicate your personal wishes to friends and family. Childcare will be available. All of this—forms, information, and delicious food - can be had for a mere \$5 per person! (A waiver of the fee is available - just call Rev. Linda.)

Sign up at Clipboard Corner now, or call Rev. Linda or Sandi Gaulke. Deadline for the registration is Friday, March 14.

### **Chanting/Toning Group**

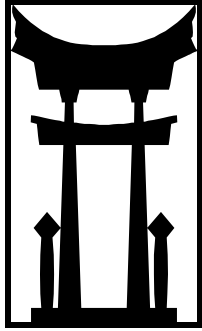
On Sunday, February 10, some of our members and friends offered an experience in toning, a special kind of chanting which is often done for healing purposes. There was a lot of interest in continuing this practice, perhaps by creating a chanting/toning group. If you would like more information about this or would like to participate, please contact Sandi Gaulke or Rev. Linda.

### **Evening of Chanting**

At a certain point, ordinary words can no longer take us where we want to go. Through chanting, we use music and sacred mantras to enter into a dialogue with the divine. Chanting stills the mind and opens the heart. So come for an evening of chanting Friday, March 21, 7 pm, in the Social Hall. Chants will include *Om Namah Shiva* and *We All Come From the Goddess* and others. Contact Michelle Carroll for more information.

# Nurturing our Mind, Body and Soul

## Bird and Bell Meditation Group



We weekly meditation sessions at the following times:  
Tuesday 7:15-7:45 am  
Wednesday 5:30-6:30 pm  
Thursday 7:15-7:45 a  
The second Saturday of each month 8:30 am-11:30 am.

We welcome meditators from all traditions. Instruction available. Contact Gene Heater for more information, 632-0974.

## Chalice Circles—A Small Group Experience

Chalice Circles area unique experience. Adult Religious Education classes, book study groups, or interest groups focus on topics and activities. Chalice Circles are groups of ten people or less that meet once a month for a deeper conversation about values and how to express those values in your daily life.

In a Chalice Circle, you can search and grow at your own pace, sharing your life experience and listening to those of others. What a great way to get to know others in this church on a deeper level. If you would like more information about Chalice circles, contact lea Grubbs, leag@bresnan.net or 778-4861, or fill out an interest form at Clipboard Corner.

## Yoga



The following is the Winter Yoga Schedule:  
Monday & Wednesday 5:45-6:45 pm with Terri Johansen  
Tuesday & Thursday 12:00-1:00 pm with Beth Howard  
Classes are taught year-round on a

drop-in basis.

Suggested donation of \$3-\$5 per class.

You can reach Terri at 638-3112 or Beth at 632-7047.

## Choir Notes

We have exciting music for all the services in March, and your voices are still needed. The choir rehearses on Wednesday evenings from 6:45—8:00 p.m. and on Sunday mornings from 9:45—10:15. If you are interested, contact Rev. Linda, lindabunuu@aol.com or 514-0495.

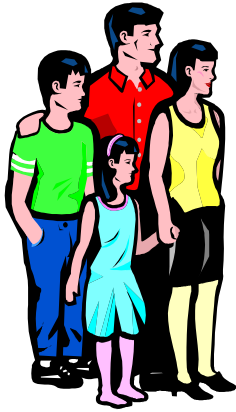


## Learn About the Sound System

Saturday, March 22 from 1 –3 p.m., the Sunday Services Committee is hosting a training to learn about the sound and projection systems in the Sanctuary. If you are interested in innovative Sunday services or using the Sanctuary for other events, you are welcome to attend. Fred Hurlburt and Harley Nelson are sound gurus, but all of us can participate in the discussion and learning. For more information, contact Rev. Linda, lindabunuu@aol.com or 514-0495.

## Community Outreach

### Cheyenne Interfaith Hospitality Network (CIHN) News



Our last CIHN week was an overwhelming success! We provided a home and meals for twelve members of the program, including eight busy children. Our volunteers handled it all with grace and flexibility. The families truly appreciated the facilities we provided for them. But the most inspiring part was the outpouring of support from our congregation. We had over forty volunteers who

generously donated their time and energy to our program.

Our next CIHN week will be from March 16 to March 23. This will be a special CIHN as it will end on Easter Sunday. In honor of the spiritual and secular aspects of Easter, we have decided to create Easter baskets for the CIHN children. We don't know how many children we'll have yet, but we will know closer to the week. If you would like to donate baskets, small toys, or candy, we will be placing a donation box in the social hall. Also, please feel free to sign up for a position on our

CIHN board, also located in the social hall. We are off to a great start this year and we know that our congregation will continue the compassion and charity through the spring!

Allison James email: [allisoncalderjames@gmail.com](mailto:allisoncalderjames@gmail.com)  
com phone: 514-0885, and Marci Linde email: [mhoffl@hotmail.com](mailto:mhoffl@hotmail.com) phone: 778-0742

CIHN Co-Coordinators



### COME A Shelter

Due to the "Fully Living, Fully Prepared" workshop on March 15, we will cancel the March COMEA Shelter dinner.

We will resume serving dinner again on April 19. The menu will include: Spaghetti with red sauce (meat or vegetarian – please specify), Green salad with dressing, Garlic bread, Dessert of your choice, Soft fruit such as bananas, grapes, oranges.

Please prepare and bring sufficient food to serve 12-15 people to the Shelter by 5:30p on April 19. We will serve at 6:00p and are usually finished by 6:30p. As always, we appreciate your support for this effort to provide a home-cooked meal to the Comea Shelter guests.

### Help Wanted

A volunteer or two to keep the UCC Website current. If you have computer skills (or would like to learn more) and can devote just a couple of hours a month to keep our Website lookin' good, contact Jeff Ross, Webmaster, 421-7949, [jross@openvistas.net](mailto:jross@openvistas.net). Jeff has developed a system that makes the job easy and fun, and you can work at home.

# Creating a Caring Community

## Pastoral Care Committee News

By *Sandi Gaulke*

“The UUC Pastoral Care Committee is a co-ministry involving the minister, staff, and lay persons working together to provide a structured connection for offering support, care, and comfort to members and friends in times of need.”

One of the important roles of a church is “to comfort the afflicted.” Keeping in touch with members who are home-bound, providing food or transportation to those who are ill, visiting people in the hospital, assisting each other through life transitions, helping with memorial services, generally keeping the minister aware of the pastoral needs of the church, or just listening to friends - these are some of the goals of the Caring Team.

A Caring Committee table has been set up in the lobby. You can stop by this table, sign some cards of member support, and fill out a form stating the ways in which you can help. Supporting the work of this committee does not take a big time commitment because it is only on an “as-needed” basis, but we can’t do it without YOU.

## Looking for a Few (or a lot) of Warm UU Handshakes and Smiles

Members of UUC often talk about the warm sense of community we feel from our wonderful congregation. The Membership Committee wants to make sure visitors feel that special spark from the first moment they walk through our doors! We want them to know how glad we are to have them sharing with us. We also want new members to know their contributions are needed and valued. Please consider becoming a part of this effort to present UUC as the caring and welcoming community we want to be. Call Camille Furtney (635-7390) if you want to check out how you can help with this vital ministry.

## Thank You

\*Thanks to Ilse Sorenson for watering the beautiful plants in our church building each week. And did

you know that she does the filing in the office as well?

\*Thanks to Fred Lebsack and Jim Gaulke who lead the Building and Grounds efforts. Have you ever wondered who removes the snow from our sidewalks and how? Here is who we suspect has been doing it.

\*A special thanks to Mike Shonsey and all the volunteers that made the Service Auction a whopping success again this year.



## Wheel of Life

Two of our UU youth have made it to the State Science Fair to be held at the University of Wyoming in March—Maia Sequeira (Shelly Montgomery’s daughter) and Conor O’Donnell (Kathy Jenkins’ son). Maia and Conor are in the 6th grade Trailblazer class at Afflerbach Elementary. Maia won first place at the Regional Science Fair for her project, “Foam Faux Pas,” involving the decomposition of Styrofoam. Conor won third place for his project, “Munch, Munch, Munch. What’s Eating Our Trees?” involving pine beetles. Maia will also be taking her project before the Laramie County School Board in an effort to educate the district about the consequences of using Styrofoam.

Kathy Jenkins’ sister, Paulie Jenkins, is a published author! Her book is titled *Following the Eagle* Anyone who is interested in historical fiction during the time of the Civil War might enjoy this lengthy (600 pp.) novel. Kathy is amazed at, and proud of, her lighting designer sister’s boundless talents.

If you know of an important milestone in someone’s life—or your own—please call or email Rev. Linda or Priscilla Golden (632-1215 - [pgolden2@msn.com](mailto:pgolden2@msn.com)). We will publish appropriate information about members and friends in our **Wheel of Life** column.



# Creating a Just and Sustainable World



## The Green Sanctuary Program

A congregation that lives out its commitment to the Earth by creating a sustainable life style for its members as individuals and as a faith community. Sustainable living is not about our material comfort (though these choices are an important part of the overall life style); it is about choosing to live in a way that nurtures life, builds relationships, and rejects



material consumption as the sole determinant of happiness.



The Green Sanctuary is done doing the audits we needed to apply for accreditation as an official UU Green Sanctuary. We are now putting together some programs for the future that will help the church community and the community of Cheyenne, which is the next step toward accreditation. Church members and friends are encouraged to take part in Green Sanctuary projects.

We are still doing fund raising, so please be sure to check out our table in the social hall to see what we have. There are shopping bags, "Tree Hugger" armbands, and bumper stickers to choose from.

In case you missed getting the information, our recycle center in the social hall is for the materials used by the church, such as during Coffee Hour, and in the offices. The exception to this is the aluminum cans and printer cartridges, which we turn in for cash. We now also have a container for household batteries that will be handed over to the City as Hazardous Material. Feel free to bring your batteries to the church and add them to the container.

So please bring those in from home to help fund our upcoming projects. Please take all other recyclables to the Blue Bins around town or the Magic City Enterprise Recycling Center. Be sure to

remove the caps and bands from plastic bottles first. Thank you for helping to keep our world Green!



## Featured Source: Mexico



Our Social Hour coffee (Organic Mind, Body and Soul) comes mainly from the Mexican state of Oaxaca and also from Chiapas. It is provided to our coffee source, Equal Exchange (EE), through The Union of Indigenous Communities of the

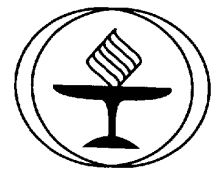
Isthmus Region (UCIRI). The UCIRI, in 1984, was one of the first groups of farmers to export coffee through the fair trade model. Since the introduction of fair trading practices in these communities, the incomes for the 53 member villages and 3,000 farmers have doubled, enabling them to establish the first public bus line, construct the only secondary school in the area and build a community health clinic. Organic Mind, Body and Soul Blend was named to reflect the seven-year history of EE with UCRIR and their overall commitment to social, spiritual and economic development and change for their communities. (See <http://www.equalexchange.com/partners/mexico.html>)

Mexican coffee beans are found in Organic French Roast as well as Organic Mind, Body & Soul Blend, Both coffees are offered on our Coffee Cart and are for sale in whole bean and drip grind form. Also available are Organic Breakfast Blend, Organic Ethiopian, Hazelnut Crème, and several decaffeinated coffees, organic teas, and chocolates.

Stop by the display at Coffee Hour or call Carol Bowles at 637-8124 for special requests.



FOCUS deadline is the 20th of each month.  
E-mail your copy to Monty Byers at [Focus@uucheyenne.org](mailto:Focus@uucheyenne.org)  
or drop it by the church office.



**Unitarian Universalist Church  
of Cheyenne**  
P.O. Box 2331  
3005 Thomes Ave.  
Cheyenne, WY 82003  
Phone (307) 638-4554  
Fax (307) 638-8272  
E-mail: [uucc@uucheyenne.org](mailto:uucc@uucheyenne.org)

NONPROFIT ORG  
US POSTAGE PAID  
CHEYENNE WY  
PERMIT NO. 252

Return Service Requested

